

AVONHEAD / RUSSLEY COMMUNITY DIRECTORY

VOL. 2 | 2026

Brought to you by the
**Avonhead-Russley
Community Network**



Welcome to the Avonhead / Russley Community Directory!

Welcome to the Avonhead & Russley Community Directory, proudly created by partners including the Avonhead Community Trust, Christchurch City Council, Waimāero Fendalton-Waimairi-Harewood Community Board, Crosbie Community Sports Hub (formerly Riccarton Leagues Club), Riccarton Sports Hub, St Christopher's Church, and St Mark's Church & Community Centre.

This second edition is **available online only** and showcases local services, activities, groups, and sports clubs, providing a useful resource for residents old and new. A full reprint and updated edition will be produced in 2027, continuing to keep the community connected and informed.

For inquiries, contact us at arcn.chch@gmail.com.

Avonhead / Russley Community Network logo



The logo reflects the natural features, history, and community spirit of Avonhead and Russley while honoring its connection to Ōtautahi and its people.

Key Elements:

Ōtākaro Awa: Two arms symbolise the river's head, historically a waka launching point enabling travel across Ōtautahi.

Ngā Puna Wai: Koru shapes represent the area's springs and creeks, the migration of hapū, and the raperape ('ripples of learning'), symbolising connection and movement.

Cherry Blossoms: Iconic to Avonhead, they signify growth, renewal, and optimism, reinforcing the community's bond with nature.

Unity in Diversity: The 'A' arms represent Avonhead and the unity of Tangata Tiriti and Tangata Whenua.

The colours draw from local schools (Russley, Avonhead, Westburn, and Merrin), blending red, blue, and green.

Special thanks to Damian Mackie (Whakaraupō Carving Centre Trust) for his cultural insights and to Daniel Price (Daniel Price Art & Design) for the logo and Directory design.

Turn Vision Into Design.

The design of this directory and the Avonhead-Russley Community Network branding were sponsored by:



Design like this — tailored to your brand, business, community, or creative project.

dpdesign.co.nz | dpriceartdesign@gmail.com

Essential Emergency Contacts and Services



Emergency Contacts

- **Phone 111 for Emergencies (Police, Fire, Ambulance)**
- **National Poisons Centre: For FREE 24-hour advice and information on poisoning emergencies. Call 0800 764 766 or visit poisons.co.nz**



After Hours Doctors

Riccarton Clinic and After Hours Medical Centre

- Urgent Care Centre open Monday to Sunday, 8am to 8pm.
- 03 343 366 | riccartonclinic.co.nz | 4 Yaldhurst Road, Upper Riccarton
- For urgent concerns outside of these hours, call your GP/Doctor; your call will be answered 24/7 by a nurse.



After Hours Vets

After Hours Veterinary Centre

- 03 366 1052 | afterhoursvet.co.nz | 146 Antigua Street.



Helplines

- **Alcohol Drug Helpline:** 0800 787 797 or text 8681 (free, confidential conversation)
- **CAF Emergency - Urgent Mental Health support for under 18s:** 0800 218 219 opt 2 (Mon-Fri 8:30am - 5pm)
- **Crisis Resolution - Urgent Mental Health Support:** 0800 920 092 (24/7 Service for all ages after hours, weekends, and public holidays. Weekdays for adults over 18)
- **Healthline:** 0800 611 116 (Free health advice from registered nurses)
- **Lifeline:** 0800 543 354 or text "help" to 4357 (24/7 support for anyone in distress)
- **Chinese Lifeline:** 0800 888 880 (Free, confidential support in Mandarin and Cantonese)
中文求助熱線：0800 888 880 (提供免費、保密的普通話和粵語支持)
華人生命熱線：0800 888 880 (免費、保密支援普通話及廣東話)
- **Oranga Tamariki – Concerns about Child or Youth Safety:** 0508 FAMILY 0508 326 459 (For reporting concerns about the safety or wellbeing of a child or young person)
- **Parent Helpline:** 0800 933 922 (Support for parenting challenges)
- **Plunket Line:** 0800 933 922 (Support for families with young children)
- **Suicide Crisis Helpline:** 0508 TAUOKO 0800 828 865 (For people in distress or concerned about someone else)
- **Youthline:** Text 234 (free 24/7), Call 0800 37 66 33 (free 24/7), email talk@youthline.co.nz (Support for young people, open 24/7)



Urgent Pharmacies

Unichem Bealey Avenue Pharmacy:

- Monday - Sunday 9am -10pm. 212 Bealey Ave. 03 365 1234

Unichem Riccarton Clinic:

- Monday - Sunday 9am - 6:30pm. 4 Yaldhurst Road. 03 341 4855

Local Services and Amenities



Bus Information

Avonhead is serviced by several bus routes including:

- **Route 29**, Metro's most direct route between Christchurch Airport and the CBD
- **Route 3** with services from the airport to Sumner via the city every 10 minutes on weekdays, and every 15 minutes in the evenings and on the weekend.
- **Route 125** Halswell & Westlake to Redwood (and reverse) also passes through and serves the Avonhead-Russley area
- **Route 130** Avonhead to Hei Hei (and reverse)

For details, contact Metro info: **Phone: 03 366 8855**

metroinfo.co.nz | Facebook: MetroCanterbury | Email: metro@ecan.govt.nz

Metro Info Counter: The Bus Interchange, Corner of Lichfield and Colombo Street. Hours: Monday - Friday 8am - 5:30pm; Saturday-Sunday & Public Holidays: 9am - 5pm



Christchurch City Council

Contact Christchurch City Council

Report issues (tagging, rubbish dumping, noise, street/lighting problems, property damage, dog or water inquiries, missed rubbish collections, damaged bins) or enquire about CCC facilities, parks, activities, and services.

03 941 8999 / 0800 800 169 (24/7) | Email: info@ccc.govt.nz | Website: ccc.govt.nz

Snap, Send, Solve App

Report issues using your phone's camera and GPS. Add details, notes, photos, and contact info. Available on the App Store or Google Play.

Jellie Park Recreation & Sports Centre

- **Facilities:** Gym, indoor/outdoor pools, hydrosides, Learn to Swim programmes, group exercise classes.
- **Location:** 295 Ilam Rd, Burnside | Contact: recandsport@ccc.govt.nz / 03 941 6888
- **Hours:** Mon-Fri 5:30am-9:30pm, Sat-Sun 7am-8pm
- **Website:** recandsport.ccc.govt.nz/jellie-park (Please see website for operational/maintenance updates)

Local Libraries

Fendalton Library: 4 Jeffreys Rd, Fendalton | 03 941 7923 | Mon-Fri 9am-8pm, Sat 10am-4pm, Sun closed

Upper Riccarton Library: 71 Main South Rd, Sockburn | 03 941 7923 | Mon-Fri 9am-8pm, Sat-Sun 10am-4pm

Fendalton Service Centre

Pay Council bills, access NZ postal services, and view Metro bus timetables.

Address: 4 Jeffreys Rd, Fendalton, Christchurch | **Hours:** Mon-Fri 9am-5pm



Churches

Avonhead Baptist Church

- 102 Avonhead Rd, Avonhead | 03 348 6742 | avonheadbaptist.org

Canterbury Chinese Christian Church

- St Mark's Church, 152 Withells Rd, Avonhead | 021 0833 4646 | c4-church.org.nz

Christchurch Mar Thoma Congregation

- 275a Avonhead Rd, Avonhead | 027 940 2219 | christchurchmarthoma.org

Holy Family Catholic Parish

- 106 Main South Rd, Sockburn | 03 348 6100 | holyfamily.nz

Lamp Presbyterian Church

- 244 Avonhead Rd, Avonhead | 021 855 267 | Lamp Church NZ on Facebook

St Christopher's Anglican Church

- 244 Avonhead Rd, Avonhead | 03 358 8780 | stchristophers.org.nz

St Mark's Presbyterian Church

- 150 Withells Rd, Avonhead | 03 358 5443 | stmarks.net.nz

St Peter's Anglican Church

- 22 Main South Road | 03 348 5653 | stpeterschurch.nz

Westchurch

- Avonhead School, 55 Avonhead Rd, Avonhead | 027 223 3933 | westchurch.nz



Community Venues for Hire

Burnside Bowling Club

- 330 Avonhead Road, Avonhead | Contact: 03 358 4617 | hire@burnsidebowlingclub.com

Burnside Park Tennis Club Pavilion Room

- 336 Avonhead Road, Burnside | Contact: 022 387 8084 | admin@burnsideparktennis.com

Burnside RFC Function Centre

- 342 Avonhead Road, Avonhead | Contact: 03 358 8099 | functions@burnsiderugby.co.nz

Crockfords Bridge Club

- 218 Riccarton Road, Upper Riccarton | Contact: 03 348 7478 (Petra) | secretary@crockfordsbridgeclub.nz

Nunweek Park Hockey Pavilion

- 238 Wooldridge Road, Harewood | Contact: harewoodhelp@gmail.com

St Christopher's Anglican Church

- 244 Avonhead Road, Avonhead | Contact: 03 358 8780 | admin@stchristophers.org.nz

St Mark's Church & Community Centre

- 150 Withells Road, Avonhead | Visit: stmarks.net.nz | jacqui@stmarks.net.nz

St Peter's Anglican Church

- 22 Main South Road, Upper Riccarton | Contact: 03 348 5653 | office.stpetersanglican@gmail.com



Dentists

Avonhead Dental

- 62 Grahams Road, Avonhead | 03 358 4169 | avonheaddental.co.nz | admin@avonheaddental.co.nz

Maidstone Dental

- 78 Maidstone Road, Ilam | 03 357 0446 | maidstonedental.co.nz | info@maidstonedental.co.nz



Doctors (GPs)

Avonhead Surgery

- 182 Withells Road, Avonhead | 03 358 3300 | avonheadsurgery.co.nz

Grahams Road Medical Practice

- 76 Grahams Road, Burnside | 03 358 3526 | grahamsroadsurgery.co.nz | reception@grahamsroadsurgery.co.nz

Livingstone Health Centre (Formerly Waimairi Road Family Medical Centre)

- 87 Maidstone Road, Ilam | 03 358 5535 | waimairimedical.co.nz | reception@waimairimedical.co.nz

WeCare Ilam

- 215 Waimairi Road, Ilam | 03 349 8613 | wecarehealth.co.nz



Early Childhood Education

Playcentres

Avonhead Playcentre

- 166 Waimairi Road, Ilam | playcentre.org.nz | avonhead@playcentre.org.nz

Russley Playcentre

- 8 Apsley Drive, Russley (Crosbie Park) | playcentre.org.nz | russley@playcentre.org.nz

Pre-Schools

Annabel's Educare Avonhead

- 66 Avonhead Road, Avonhead | 03 341 1153 | office@annabelseducare.co.nz

Busy Bees Avonhead

- 188 Yaldhurst Road, Sockburn | 03 342 5421 | busybees.org.nz

Cuddles Early Learning Centre

- 12 Greendale Avenue, Avonhead | 03 357 8900 | cuddleselc.co.nz

Kidsfirst Kindergartens Avonhead

- 49 Staveley Street, Avonhead | 03 348 6803 | kidsfirst.co.nz/avonhead

Kidsfirst Kindergartens Hawthornden

- 146 Hawthornden Road, Avonhead Park | 03 358 2915 | kidsfirst.co.nz/hawthornden

Kindercare Learning Centres - Avonhead

- 3 Avonhead Road, Avonhead | 03 341 7400 | kindercare.co.nz

Krissy's Homebased Care (Organic Kids)

- 021 027 10309 | organickids.co.nz/educators/krissy-russley

Portobelo Early Learning Centre

- 124 Yaldhurst Road, Avonhead | 03 343 9943 | bestpreschools.co.nz

St Peter's Anglican Preschool

- 22 Main South Road, Upper Riccarton | 03 348 5608 | stpeterspreschool@mcctrust.nz



Pharmacies

Avonhead Pharmacy

- 210 Withells Road (Avonhead Shopping Centre) | 03 358 5449 | avonheadpharm.co.nz

Ilam Pharmacy

- 209 Waimairi Road, Ilam | 03 358 5243 | ilampharmacydispensary@extra.co.nz



Royal Federation of NZ Justices' Association (JP)

To find a Justice of the Peace in Avonhead/Russley, visit justiceofthepeace.org.nz and type Avonhead or Russley in the 'Quick Find' space.



Schools

Avonhead School Rakipaoa (Year 0-8)

- 55 Avonhead Rd, Avonhead | 03 348 7361 | avonhead.school.nz

Merrin School Ngā Whetū Kohara (Year 0-8)

- 41 Merrin Street, Avonhead | 03 358 8369 | merrin.school.nz

Te Parito Kōwhai Russley School (Year 0-8)

- 75 Cutts Road, Russley | 03 342 7783 | russley.school.nz

Villa Maria College (Year 7-13)

- 21 Peer Street, Upper Riccarton | 03 348 4165 | villa.school.nz

Westburn Te Kura o Hereora (Year 0-8)

- 257 Waimairi Road, Ilam | 03 358 8173 | westburn.school.nz



Supermarkets

Woolworths Avonhead

- Cnr of Withells Rd & Merrin St, Avonhead Shopping Centre | 03 358 4765

New World Ilam

- 47C / 57C Peer Street, Upper Riccarton | 03 343 5646

Waimāero Fendalton-Waimairi-Harewood Community Board

Your elected Board represents and advocates for your community's interests while fostering engagement. Learn more and stay updated on local projects at:

letstalk.ccc.govt.nz/waimaero-fendalton-waimairi-harewood-community-board

- Sam MacDonald | sam.macdonald@ccc.govt.nz - Councillor for the Waimairi Ward
- Nicola McCormick | nicola.mccormick@ccc.govt.nz
Community Board Member for the Waimairi Ward
- Ben Spittle | ben.spittle@ccc.govt.nz
Community Board Member for the Waimairi Ward



Community Support Services

Addictive Eaters Anonymous

Fridays 7:30pm - 8:30pm | 027 266 6989 | contact@aeainfo.org | addictiveeatersanonymous.org

St Mark's Church Community Rooms, 150 Withells Road, Avonhead | Support for those struggling with food addiction.

AEA is a 12 Step fellowship. Members have found recovery from binge eating, anorexia, bulimia, other forms of addictive eating & compulsive exercise.

Avonhead Community Trust

102 Avonhead Road, Avonhead | 03 348 6742 | admin@actrust.org.nz

Equipping passionate people and creating pathways to transform lives.



Big Brothers Big Sisters Christchurch

52 Kennaway Road, Woolston | 03 358 4019 | bigbrothersbigsisters.org.nz/christchurch

Mentoring network supporting young people with adult volunteers for resilience, growth, and support.

Citizens Advice Bureau Christchurch North

4 Jeffreys Road, Fendalton (inside library) | 03 351 7804 | christchurchnorth@cab.org.nz | cab.org.nz

Monday, Wednesday, Thursday, Friday: 11am - 5pm.
Tuesday: 2pm - 5pm

Free, independent service helping people understand their rights and take positive action. Available face-to-face, phone, email or online chat (via the website).

To volunteer, contact: manager.christchurch@cab.org.nz



Christians Against Poverty (CAP)

0508 227 111 | capnz.org | info@capnz.org

Confidential, one-on-one debt management, budgeting help, and CAP Money budgeting course available.

Kingdom Resources

Appointments across the city, including Avonhead area | 03 332 1700 | kingdomresources.org.nz

Financial mentoring and group sessions for money education and support.

Petersgate Counselling Centre

29 Yaldhurst Road, Sockburn | 03 343 3391 | petersgate.org.nz

Affordable counselling for mental health, relationships, grief, stress, and self-esteem.



Fitness, Dance & Movement Activities

Dance Fitness Christchurch

A life-changing group fitness class with family-friendly music and powerful moves for all ages and fitness levels. Mondays, 7pm

 | Merrin School Hall, Merrin Street

Delta Rhythmic Gymnastics Club Incorporated

A fun combination of gymnastics and dance suitable for age 4+. Learn skills with hoops, balls, ribbons and more!


 | membership@delta.org.nz Contact: Nami Soeda



Inna Reflection Group Pilates/Flow-Yoga Classes

Pilates and Flow Yoga for strength, flexibility, and balance. Suitable for all ages.

 | St Mark's Church Community Rooms, 150 Withells Road, Avonhead


 | 027 374 3033 (Coralea)

 | innareflection@gmail.com

JBC Dance

Ballroom, Latin, and New Vogue dance classes are for beginners; no partner is needed.

 | St Mark's Church Sports Hall, 150 Withells Road, Avonhead


 | 021 023 37918 (Janita Clark)

 | jbcdance.co.nz

Line Dancing

Fun and friendship with line dancing for beginners & improvers. \$7 per class. Mondays, 1pm - 2:30pm

 | St Mark's Church Community Rooms, 150 Withells Road, Avonhead


 | 03 388 1990 or 021 230 3373 (Dawn)

 | dawn.r@xtra.co.nz

Movement to Music

Latin-inspired dance class for balance, cognition, & toning, Mondays, 12.15pm Suitable for all, with seated options available. Refreshments provided.

 | Robertson Hall, St Christopher's Church, 244 Avonhead Road

 | 03 358 8780


 | connect@stchristophers.org.nz



Pepsa Exercise

Full-body exercise class for mobility, strength, and posture. Mondays and Thursdays, 9:30am - 10:30am

 | St Mark's Church Sports Hall, 150 Withells Road, Avonhead

 | 027 437 6417 (Russell)

 | pepsaexercise.co.nz

Vicky Hamilton Line Dance

Fun, friendly line dancing for all levels. No experience is needed. Tuesdays, 6pm - 7pm




 | St Mark's Church Community Rooms, 150 Withells Road, Avonhead

 | 027 388 8929 (Vicky Hamilton)

 | gvhamilton@gmail.com




Yoga@St Marks

Gentle yoga focused on breath, movement, and relaxation for all ages. Tuesdays, 1pm - 2:30pm

-  St Mark's Church Community Rooms, 150 Withells Road, Avonhead
-  027 211 8519
-  yogawithkerry@xtra.co.nz

Zumba

Fun, high-energy Zumba classes to upbeat music for all fitness levels.

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  03 358 8780
-  connect@stchristophers.org.nz



Sports Activities & Clubs




Avonhead Badminton

A social badminton club meeting Tuesday mornings at 9:30am - 11:00am. \$5 per session. Some experience required.

-  St Mark's Church, Withells Road
-  021 180 4384
-  stmarks.net.nz




Avonhead Indoor Bowls Club

Avonhead Indoor Bowls Club meet Avonhead Primary School Hall, 55 Avonhead Road on Monday evenings at 7pm. The season runs March to September. No experience required but coaching available.

-  Avonhead School Hall, 55 Avonhead Road, Avonhead, Christchurch
-  021 062 4707
-  gillespiesbm@gmail.com

Burnside Rugby Football Club




Rugby and touch for all ages and abilities, in a family-friendly environment.

-  342 Avonhead Road, Burnside
-  03 358 8099
-  burnsiderugby.co.nz



Burnside Bowling Club

Friendly club with 3 greens and great facilities. New members are welcome with discounted rates.

-  330 Avonhead Road, Avonhead
-  03 358 4617
-  burnsidebowlingclub.com



Burnside West Christchurch University Cricket Club

Offers cricket playing, coaching, & development for all ages at the picturesque Burnside Oval.

336 Avonhead Road, Burnside
021 578 268
burnsidecricket.org.nz



Canterbury Baseball Association

Growing baseball community offering opportunities for all ages.

Avonhead Park, 146 Hawthornden Road, Avonhead
021 335 295
canterburybaseball.co.nz



Crockfords Bridge Club Inc

Free lessons and social engagement for all ages.

218 Riccarton Road, Riccarton
03 348 7478
crockfordsbridgeclub.nz

FC Twenty 11 Football Club

Community football for all ages and abilities, year-round.

92 Yaldhurst Road, Ilam
020 432 2011
fctwenty11.co.nz



Fendalton Park Croquet Club

A welcoming local club for social croquet.

Fendalton Park, Kotare Street, Fendalton
021 768 201
www.sporty.co.nz/fendaltonparkcroquet

Harewood Hockey Club Inc

Hockey for ages 5-75, with development programmes and a welcoming club environment.

240 Wooldridge Road, Harewood
harewoodhelp@gmail.com
harewood.co.nz






Kiribati Saturday Night Sport

A welcoming Saturday evening volleyball and badminton programme for children and young people, with a focus on I-Kiribati, Tuvaluan, and Pacific families. All welcome

St Mark's Presbyterian Church, 150 Withells Road, Avonhead
027 365 5902
keesiaster@gmail.com

North West Youth Cricket

Youth cricket for Burnside and Papanui High School students.

-  Burnside High School, 139 Greers Road, Burnside
-  northwestyouthcc@gmail.com
-  nwy.c.co.nz



Pickleball




A fun and rapidly growing sport that combines the best elements of tennis, badminton, and ping pong. Great for all ages and skill levels!

-  Burnside Park Tennis Club, 336 Avonhead Road, Burnside
-  022 387 8084
-  clubspark.kiwi/BurnsideParkTennisClub






Riccarton Cricket Club

Cricket opportunities for competitive and social players.

-  92 Yaldhurst Road, Ilam
-  03 365 0984
-  riccartoncricket.co.nz

Riccarton Domain Tennis Club




Tennis courts, coaching for all ages, & social tennis in a friendly environment.

-  92 Yaldhurst Road, Ilam
-  021 208 1121
-  riccartontennis.co.nz



Riccarton Knights Netball




Family-oriented club with teams from year 3 to seniors. Competitive & social options.

-  Crosbie Park, 16 Apsley Drive, Avonhead
-  riccartonknightsnetball@outlook.com
-  sporty.co.nz/riccartonknightsnetballclub/



Riccarton Knights Rugby League Club

Whānau Club with Junior grades from 6s-16s and Senior grades from 18s- Premiers Crosbie Park.

-  Crosbie Park, 16 Apsley Drive, Avonhead
-  riccartonknights1927@gmail.com
-  sporty.co.nz/riccartonrl



Riccarton Racecourse Bowling Club




Friendly Club with both an artificial and grass green providing bowls all year round. Players new to bowls free for first year, other new members are welcome with discounted rates.

-  171 Riccarton Racecourse Road, Broomfield
-  03 342 7029
-  sporty.co.nz/riccartonrcbowls



Riccarton Softball Club




Family-oriented club with teams for ages 3 to adult.
Competitive & social options.

-  Crosbie Park, 16 Apsley Drive, Avonhead
-  021 047 1640
-  sporty.co.nz/riccartonsoftball





Taekwondo

Classes Mondays, Wednesdays & Fridays, 4:30pm - 6:00pm. \$15 per class.

-  St Mark's Church Sports Hall, 150 Withells Road, Avonhead
-  022 393 4328
-  toly1217@gmail.com

Tai Chi (Intermediate)

Suitable for 50+ age group. Designed to promote good health and improve fitness, balance, strength, agility and well being. Wednesdays 11:00am - 12:00pm, Thursdays 1:30pm - 2:30pm. \$8 per class.




-  St Mark's Church Sports Hall, 150 Withells Road, Avonhead
-  027 827 2791



Children & Youth Activities

14th Christchurch Girls Brigade Company




A fantastic place for girls in Years 1–13 to make friends, learn new skills, develop leadership, stay active, & explore the Christian faith.

-  Avonhead Baptist Church, 102 Avonhead Road, Avonhead
-  021 108 9327 (Viv Fyfe)
-  girlsbrigade.nz






36th Christchurch Boys' Brigade Company

Support the development of boys for Christ's Kingdom.

-  Avonhead Baptist Church, 102 Avonhead Road, Avonhead
-  021 087 37404
-  bb@avonheadbaptist.org

Avonhead Community Trust Holiday Programme




A Christian based programme, aimed to provide a safe, fun, relational and welcoming environment for year 1 - 8.

-  102 Avonhead Road, Avonhead
-  027 417 3422 (Leanne Hall)
-  holidayprogramme@actrust.org.nz






Canterbury Chinese Christian Church – Youth

Engaging youth group in Mandarin, Saturdays 4pm - 7pm.

-  St Mark's Church, 150 Withells Road, Avonhead
-  021 0833 4646 (Alex Lee)
-  cccc@xtra.co.nz





Canterbury Chinese Christian Church – Family Groups

Bi-weekly Saturday mornings focused on building strong families & parent-child relationships through Christian teachings.

-  St Mark's Church, 150 Withells Road, Avonhead
-  021 0833 4646 (Alex Lee)
-  cccc@xtra.co.nz




Forge Youth Group

High school youth group fostering community, faith, & fun! Welcoming questions & connections.

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  022 623 5762 (Jack Hollis)
-  youth@stchristophers.org.nz
-  theforge_youth



Hyde Park Brownies

Empowering girls aged 7–10 to build skills, confidence, & friendships as part of an international community.

-  St Mark's Presbyterian Church, 150 Withells Road, Avonhead
-  0800 222 292
-  girlguidingnz.org.nz




St Christopher's School Holiday Programme

Fun-filled activities for Years 1–8, including crafts, games, & community trips. Separate programmes are available for juniors & seniors.

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  children@stchristophers.org.nz

Te Haereroa Youth

Joint youth group for Years 7–13 with games, worship, & Bible discussions. Meet new friends & connect with Jesus.





-  Avonhead Baptist Church, 102 Avonhead Road, Avonhead
-  021 108 9327 (Viv Fyfe)
-  youth@avonheadbaptist.org



Craft Hobbies

Art For You

Judy Rogers is a qualified and experienced art teacher teaching individuals and small groups of adults in Glenharrow Avenue, Avonhead.

-  Glenharrow Ave, Avonhead
-  021 032 4035 (Judy Rogers)
-  jsrogers@inspire.net.nz
-  artclasseschristchurch.com

St Mark's Art Group

Join this friendly art group for informal lessons & encouragement. Bring your own equipment. Mondays, 1pm - 3pm.



St Mark's Community Centre, 150 Withells Road, Avonhead
03 361 1132 (Mac)

Knit, Crochet 'n More

Enjoy learning & sharing knitting or crochet skills in good company. Thursdays, 9:30am - 12pm.



St Mark's Community Centre, 150 Withells Road, Avonhead
03 358 5172 (Jess)

Operation Coverup

Knit items for those in need in Eastern Europe while enjoying companionship & morning tea. Fridays, 9:30am - 11:30am.



St Christopher's Anglican Church, 244 Avonhead Road, Avonhead
connect@stchristophers.org.nz



Music Activities

Choir

Our small church choir presents songs at a worship service one Sunday each month. Newcomers are very welcome. Practice times vary.



St Mark's Church, 150 Withells Road, Avonhead
03 358 2218 (Robin)



Preschool Activities

Mainly Music - St Christopher's Church Avonhead

Fun & engaging music sessions for preschoolers. Mondays at 9:30am (during term time). Singing, dancing, morning tea for kids & adults, & a play session. \$5/family per session (first session free).



St Christopher's Church, 244 Avonhead Road, Avonhead
children@stchristophers.org.nz



Seniors

ACTive in Avonhead




Redefine 50+ with ACTive in Avonhead! In partnership with Sport Canterbury, this fitness programme offers weekly Tuesday sessions during school terms, 10 am - 11am, followed by a light morning tea. Cost: \$5 per session. Bring a friend for a free first session!



102 Avonhead Road, in the gym
alister@actrust.org.nz
actrust.org.nz/programmes/active-in-avonhead




Footcare Clinic for Seniors

Every six weeks, on a Wednesday. Supports seniors with toenail clipping, foot massage, and a listening ear. A \$10 donation is requested.

-  St Mark's Church & Community Centre, 150 Withells Road, Avonhead
-  admin@stmarks.net.nz
-  stmarks.net.nz/community/outreach/




Little Dove

Join us on Fridays, 1pm–3pm for social time with afternoon tea, mahjong, Rummikub, knitting, puzzles, or simply chatting. Build friendships and enjoy the community.

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  connect@stchristophers.org.nz
-  stchristophers.org.nz

Steady as You Go - Fall Prevention Class

Improve balance, strength, and fitness with Aged Concern's SAYGo classes. Sessions run every Tuesday at 10am and Thursday at 11am.

-  St Christopher's Anglican Church, 244 Avonhead Road, Avonhead
-  connect@stchristophers.org.nz
-  stchristophers.org.nz



St Mark's Retired People's Fellowship

Meets monthly on the first Wednesday of the month for bus outings. Cost \$10/year, plus outing charge.

-  St Mark's Presbyterian Church & Community Centre, 150 Withells Road, Avonhead
-  028 407 9152
-  evonneodonnell@gmail.com
-  stmarks.net.nz/community/communitygroups/




Tai Chi (Modified)

Perfect for 50+, these classes improve fitness, balance, strength, and well-being. Beginners: Wednesdays, 9:45–10:45am. Cost: \$7 per class.

-  St Mark's Church Sports Hall, 150 Withells Road, Avonhead
-  027 294 0729 (Rose)

U3A (Avonhead)

Talks on interesting subjects to keep older brains thinking. Tuesday 10am to 12pm.

-  St Mark's Church Community Rooms, 150 Withells Road, Avonhead
-  u3aavonhead@gmail.com
-  u3a.nz


U3A (Godley)

Talks on interesting subjects to keep older brains thinking. Monday 10am to 12pm.

-  St Mark's Church Community Rooms, 150 Withells Road, Avonhead
-  u3agodley@gmail.com
-  u3a.nz



U3A (Mountfort)

Join retirees for diverse lectures on history, science, and current issues, plus a field trip and Christmas lunch. Wednesdays at 10am.

-  St Mark's Church, 150 Withells Road, Avonhead
-  021 255 1165
-  u3amountfort@gmail.com



U3A Kate Sheppard

Education, friendship, and socialising for retirees. Meetings run from late February to November, with occasional trips. Meetings Thursdays 10am - 11.30am

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  u3akatesheppard@gmail.com

U3A Rutherford

Lectures and trips for retirees, offering further education and socialising opportunities. Friday 10.30am.



-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  u3aruth@gmail.com



English for Speakers of other Languages (ESOL)

ESOL Class - St Mark's

Learn basic English and life skills for Christchurch. Mondays, 9:45am - 11:45am. \$3 per session (tea/coffee included).

-  St Mark's Church, 150 Withells Road, Avonhead
-  03 358 5443




English Class - St Barnabas

A free weekly class for adult migrants and refugees to improve spoken English and integrate into New Zealand society. Thursdays, 4pm - 6pm (no classes during school holidays).

-  St Barnabas, 8 Tui Street, Fendalton
-  021 067 6587
-  olivel@xtra.co.nz

ESOL Classes - St Christopher's

Free conversational English classes: Tuesday, 10am (all abilities welcome)

-  St Christopher's Church, 244 Avonhead Road, Avonhead
-  connect@stchristophers.org.nz
-  stchristophers.org.nz

●●● Other Community Activities

Avonhead Community Group Inc (ACG)

A non-political residents' organisation formed in 2012, aiming to secure sustainable development in Avonhead and neighbouring suburbs. The group covers approximately 8,000 households.

✉ | avonheadcommunity@gmail.com
 🌐 | avonheadcommunity.com

Friends of the Avonhead Cemetery (FOAC)

A charitable organisation caring for the Avonhead Memorial Cemetery since 2017. The FOAC hosts an annual memorial ceremony for the victims of the 2011 Christchurch earthquake, attended by families, schools, and dignitaries.

🌐 | avonheadcommunity.com

Friends of Crosbie Park

Join our planting days and working bees to enhance Crosbie Park and Ilam Stream. Over 500 plants have been added in the past two years, with help from local schools, St Mark's Church, residents, and the Christchurch City Council. For dates and details: ccc.govt.nz/news-and-events/whats-on

✉ | Annaliese.CaukwellMills@ccc.govt.nz (Community Partnership Ranger)

Kiwanis North West

Part of Kiwanis International, Division 1, New Zealand-South Pacific District. Meets on the 2nd and 4th Monday of each month at the "Lions Den".

📍 | Burnside Park, 340 Avonhead Road.
 ☎ | 027 323 9250 (Kevin Coutts)
 ✉ | kevinloyce@xtra.co.nz

Men's Coffee & Chat

Meets 10am each Friday

📍 | Black & White Coffee Cartel cafe, 45 Merrin Street, Avonhead
 ✉ | connect@stchristophers.org.nz
 🌐 | stchristophers.org.nz

Women's Coffee & Chat

Meets 10am on the last Friday of each month.

📍 | Monteiths Merrin Street Brewery Bar, Avonhead Mall, 210 Withells Road.
 ✉ | connect@stchristophers.org.nz
 🌐 | stchristophers.org.nz

Women's Fellowship

Meet on the 4th Tuesday of each month from 1:30pm to 3pm for fellowship, guest speakers, and afternoon tea.

📍 | St Christopher's Anglican Church, 244 Avonhead Rd, Avonhead
 ✉ | connect@stchristophers.org.nz
 🌐 | stchristophers.org.nz



Staying safe and getting involved

Christchurch North Community Patrol: Safeguarding Your Local Community

We are a team of committed volunteers patrolling local streets, schools, malls, parks, and public spaces to keep our community safe. By promptly reporting suspicious activity to the Police, we ensure everything remains secure.

Interested in joining? We work closely with Neighbourhood Support, allowing residents to request patrols for their streets during our shifts to address any concerns. Our volunteers come from diverse backgrounds—retirees, former police, fire, and ambulance officers, as well as future police recruits. If you're passionate about making a difference, we'd love to have you join us!

To learn more, contact Mary at 027 694 2291 or via email at chchnorthpatrol.chair@gmail.com.

Help Report Graffiti In Your Neighbourhood:

- Phone: 03 941 8999
- Email: info@ccc.govt.nz
- Website: ccc.govt.nz/report
- Snap Send Solve App



The Graffiti Programme can offer advice, support and a selection of paint and graffiti removal products.

Please contact us on 03 941 8999 or email graffitiprogramme@ccc.govt.nz

Neighbourhood Support Christchurch Area

Join your Neighbours for Safer Communities!

Our goal is to create safer, stronger, and more connected communities where neighbours take care of each other. Groups work on reducing crime, preparing for emergencies, and improving well-being by knowing their neighbours. Our team offers free services, resources, and ongoing support to help you strengthen your group.

Get valuable prevention and preparedness information from all emergency services through Neighbourhood Support Christchurch Area. Ready to get started?

Contact us at admin@nschristchurch.org.nz or leave a message on 03 353 8729.

Netsafe: We're Here for You!

Netsafe provides free and confidential advice and support related to online safety seven days a week.

- Call 0508 638 723
- Text "Netsafe" to 4282
- Email help@netsafe.org.nz
- Submit an online harm report
- Online chat support



We can help with topics including bullying, grooming, illegal content, harmful digital communication, and scams. **Visit us at netsafe.org.nz.**

Hamish Campbell

MP for Ilam

Ilam is part of who I am. I was raised and educated here and I am proud to be your local MP.

How I can help

- Assist you in dealing with government departments
- Advocate for you where possible
- Represent your views in Parliament

Contact me:

Hamish.campbell@parliament.govt.nz
03 3593665



Authorised by H Campbell, Parliament Buildings, Wgtn.



Your Elected Members, Waimairi Ward

Sam MacDonald

Councillor for Waimairi Ward

sam.macdonald@ccc.govt.nz
027 333 9215



Nicola McCormick

Deputy Chairperson
Waimairi Ward Community Board

nicola.mccormick@ccc.govt.nz
027 235 4511



Ben Spittle

Community Board Member
for the Waimairi Ward

ben.spittle@ccc.govt.nz
021 310 071



This advertisement was personally funded by Sam MacDonald, Nicola McCormick and Ben Spittle.



RICARDO FELITTI

021 232 9301

RICARDO.FELITTI@HARCOURTS.CO.NZ

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186 Yaldhurst Road
Christchurch
03 342 4283
admin@186cafe.co.nz

Welcome to No.186 cafe, Explore our 2 coffee blends and leaf teas. Indulge in our Brunch and Lunch menu, chef's specials, and bulk catering services. We offer gluten-free, Keto friendly, vegetarian and Vegan options to suit all tastes. Park securely in our private lot off Yaldhurst road. Join us for breakfast, lunch, or a friendly gathering over a latte and green tea. Don't miss our weekly quote on the blackboard – share the experience with loved ones at 186 cafe.

Breakfast		Lunch	
Creamy Mushrooms	\$22.50	Fried Chicken Burger w/ fries	\$24.50
186 Pancake	\$24.50	Lamb Burger w/ fries	\$25.50
Egg Benedict	\$23.50	Caesar Salad	\$24.50
Breakfast	\$26.50	Fish and Chips	\$23.50
Avocado Toast	\$22.50	Taco	\$20.50
		Loaded Wedges	\$20.50
		Fried Chicken	\$19.90
		Chicken Schnitzel	\$23.50

Sign up for the newsletter on the website and get 15% off, don't miss out on a delightful experience at no. 186 cafe
Facebook: 186cafeNZ | Instagram : 186cafeNZ



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