



Swimming lessons for girls

Learn to swim during the weekly sessions in a safe and private pool space exclusively for women and girls.

Every Wednesday at Te Pou Toetoe Linwood Pool, 3–9.30pm
Every Thursday at Matatiki Hornby Centre, 3–9.30pm



Sign up for lessons online

recandsport.ccc.govt.nz/swimsmart

All women, girls, and boys (up to and including the age of five), can enjoy these weekly sessions in a safe and private pool space. Transgender women, and people who identify as being a woman, are welcome. Children attending these sessions must be accompanied poolside and into the changing rooms by a woman caregiver.